Building Defensive Playbooks from Others Misfortune

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September 2022



Why am I qualified to give this talk

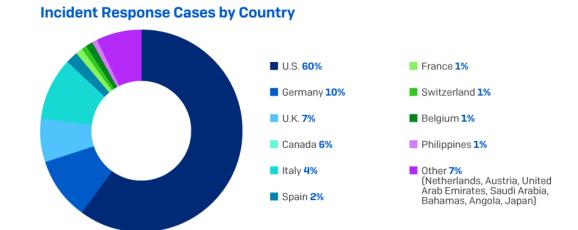
- 19 years at Sophos, 25 in security
- Liasson with Sophos Researchers (200+) on latest threats, tricks, and tactics
- Access to threat intelligence gathered from more than 500,000 organizations in 150 countries
- Participate in the InfoSec community at conferences and through Twitter to learn the latest TTPs
- Have presented original research at RSA Conference,
 BSides, Virus Bulletin, Cloud Expo Asia and more



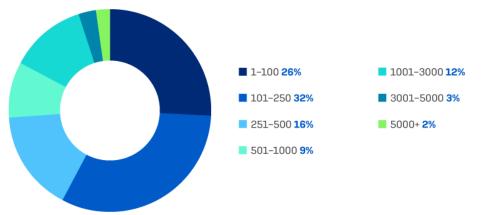


Demographic Profile of Active Adversary Playbook sources

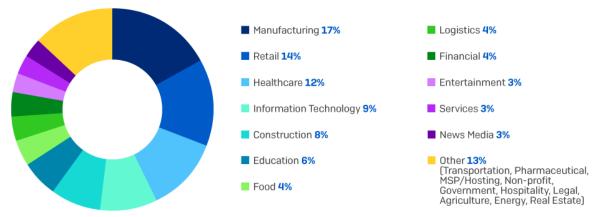
144 incidents
17 countries
Multiple sectors



Incident Response Cases by Organization Size (Number of Employees)



Incident Response Cases by Sector

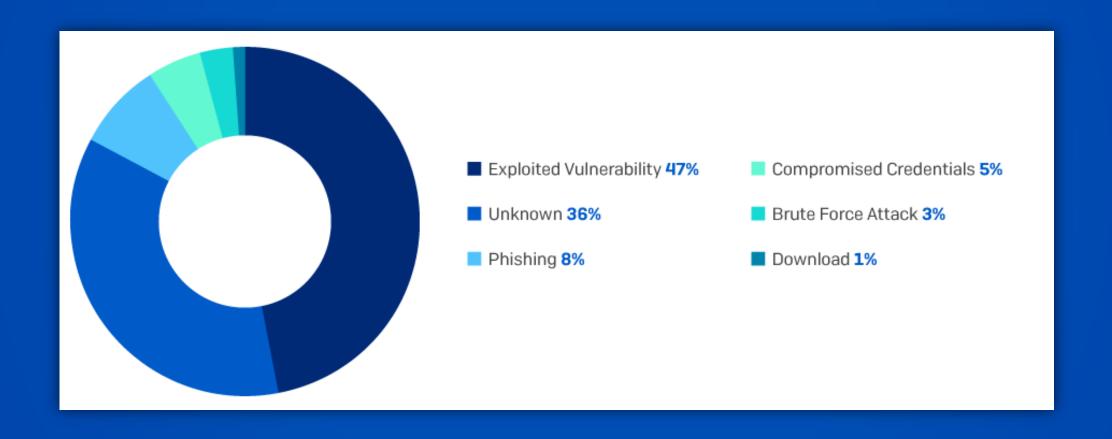






How we fail

Root Causes of Attacks in 2021

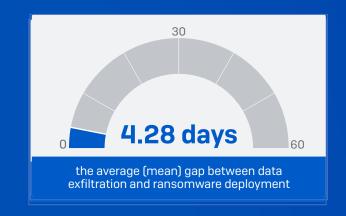




Intruder Dwell Time



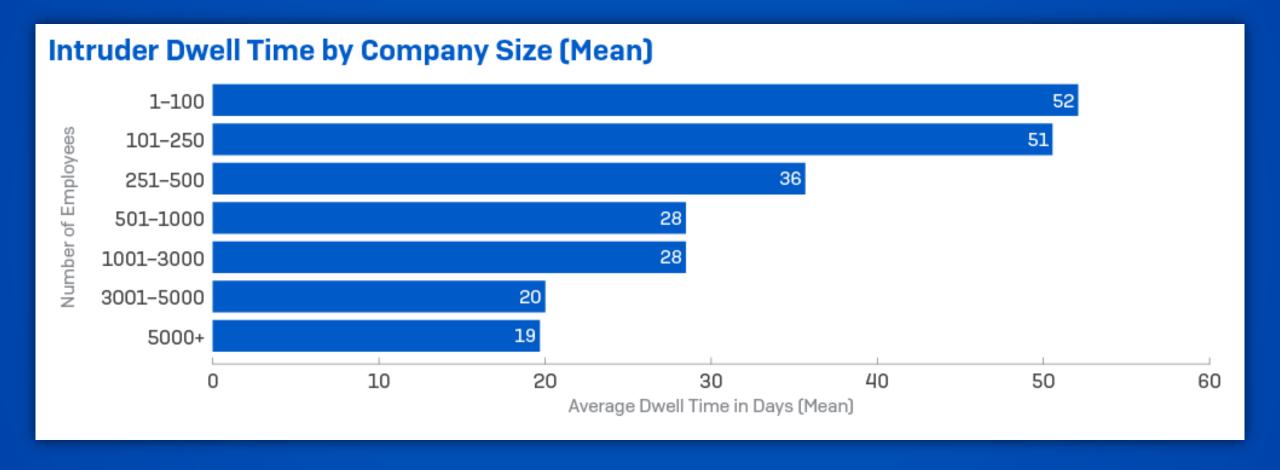




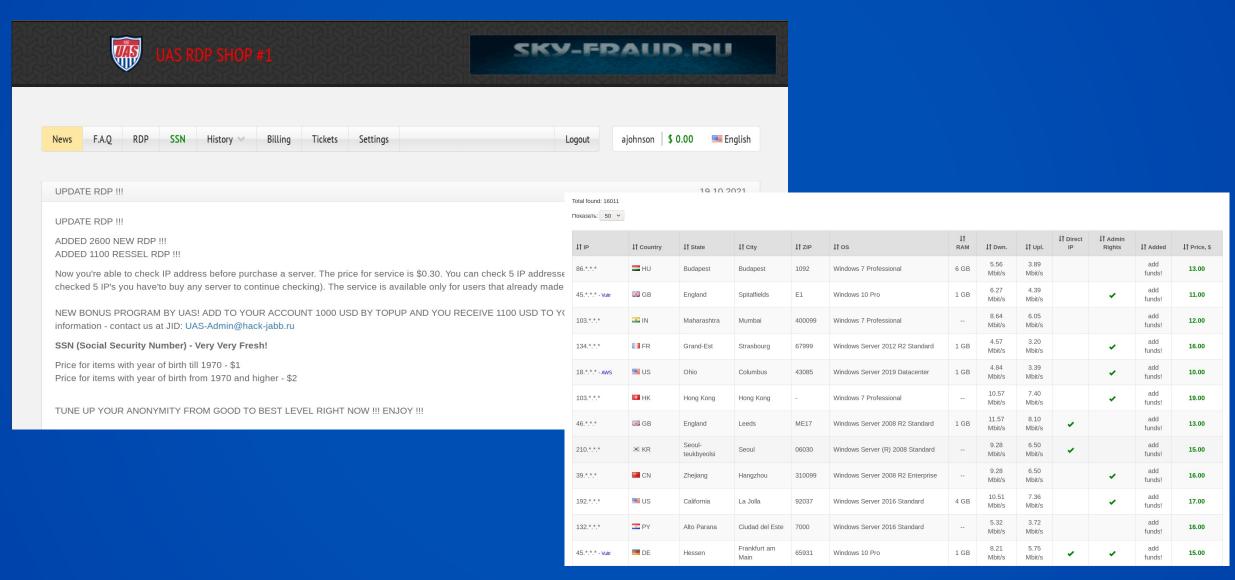
Variations in Average Intruder Dwell Time (Median)



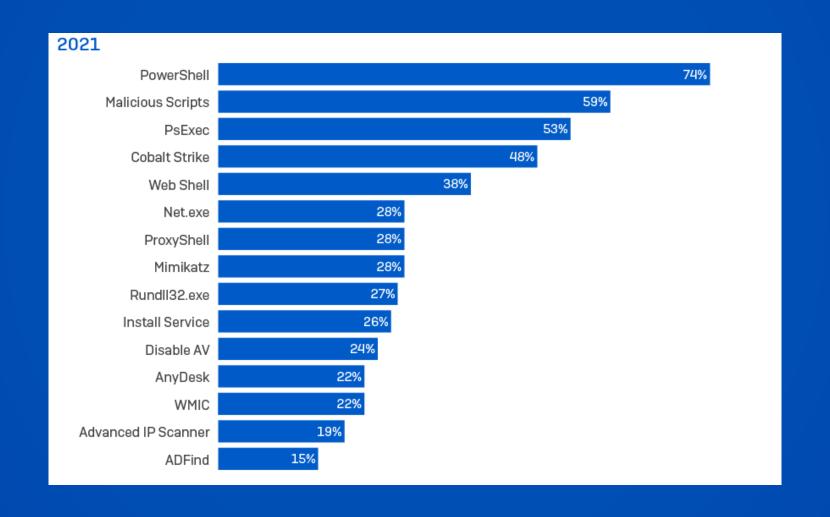
Smaller Business Experienced Longer Dwell Times



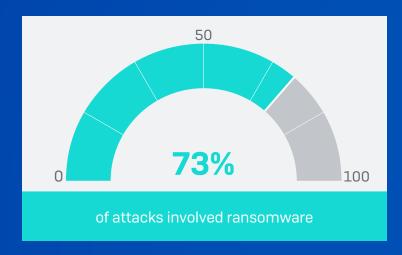
Why is dwell time so high and variable!?

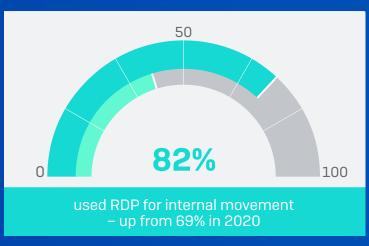


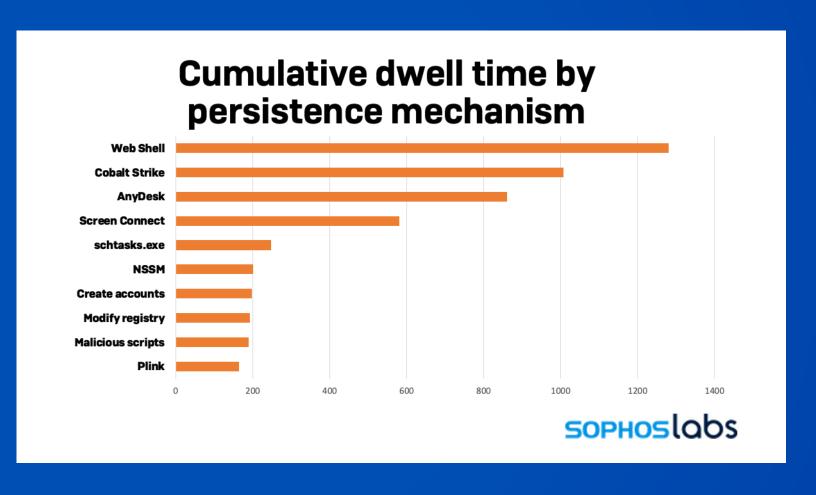
Legitimate tools increase stealth



Other indicators from our study

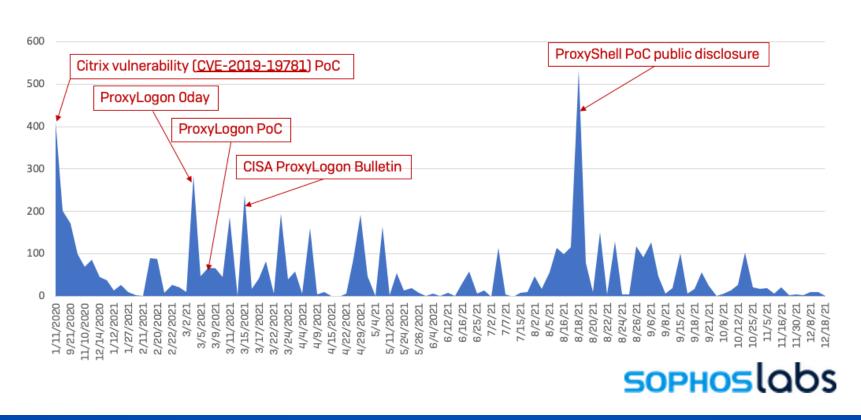






Most abused vulnerabilities and infection times

Cumulative dwell time of intrusions by intrusion start date



Exfiltration







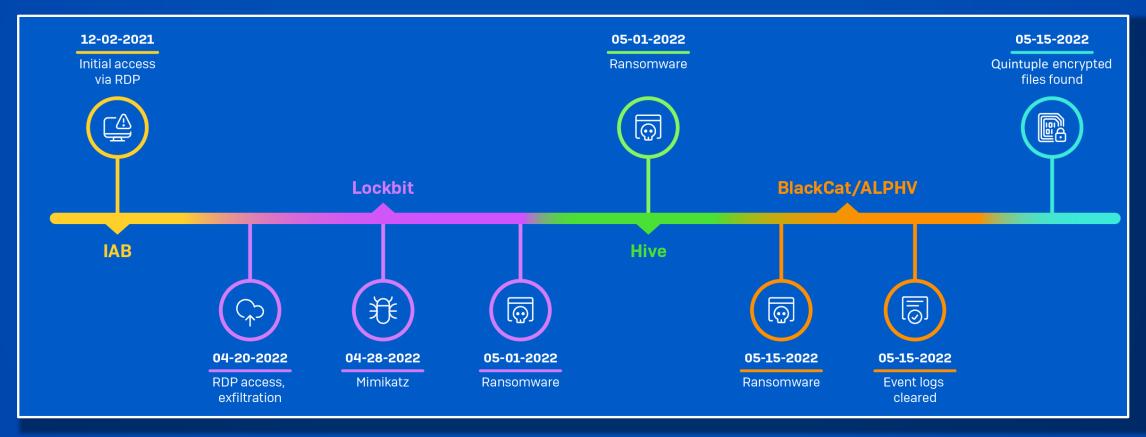


- Finance
- HR
- IT
- Budgets
- Legal
- Password spreadsheets/lists





Exclusivity? Not so much



Lockbit, Hive and BlackCat attack automotive supplier in triple ransomware attack

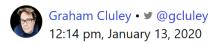
What to do?

Patching our priorities

- Patching never more important
- CISA Known Exploited Vulns (KEV) list
- Servers, infrastructure, then endpoints
- Everything, but in order
- Security vs. IT
- Not all systems are equal



Shitrix: Hackers target unpatched Citrix systems over weekend





Conti affiliates use ProxyShell Exchange exploit in ransomware

Look for the slightly inordinary



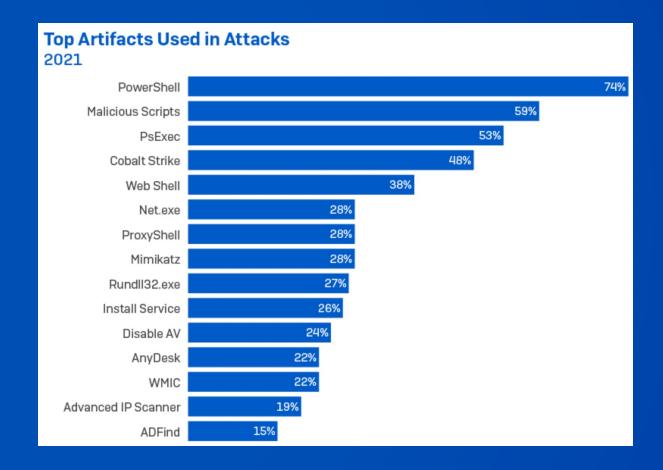












Combos and oddities





Layers!



- Not just defense in-depth, paints a picture
- Context
- A trigger to begin an investigation
- Early detection, early eviction
- Forensics

Authentication







- Password managers
- MFA
 - □ TOTP
 - Push
 - Tokens
- Cookies









Threat Hunting









SOPHOS